

# JENNIFER ANGEL SOUL TALK

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## ASTROLOGICAL PROFILING EXPLAINED !

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The first step to knowing and understanding other people is to know and understand yourself! Certainly sounds a simple enough statement, after all, you have lived with yourself all of your life, so how hard can that be, right? But when we take a closer look, it is more of a complex matter than you think, for sure!

### KNOW YOURSELF

- The powerful Sun, your Sun sign, reveals your character, and this is the astro-foundation that contributes to who you are. When you know more of who you are, it is easier to stay connected to your dreams and not be swayed by what others think is best for you.

**The power of you is "WITHIN YOU"!**

- The Moon reveals how you relate emotionally, with yourself, and within a group and with those closest to you. Do you have a positive outlook How difficult or easy is it for you to stay centered and not allow other people's emotions to rock your world? Know how you quickly you can Let-Go, and release other's energy states so it doesn't affect you and how to release emotional tension.
- Your rising sign is more about your personality, how you show up in the world, also incredibly revealing of your irresistible and irritating qualities.



# RELATIONSHIPS



- **PROFESSIONAL & PERSONAL** relationships can show you how you relate with others.
- Get to know your style of communication, how you respond, act and react.
- Learn your trigger points. Notice when someone pushes your buttons: what, when, how and how you respond.
- Be aware of repetitive situations, past issues you've had in life that you keep attracting - it may be time to let go.
- Know when you need to work through a situation, and when it is time to release.
- Recognize toxic relationships early in your association with people, notice the red flags, and know the best way for you to deal with / and or avoid them.
- There are all types of people in the world, and as we are all unique, it means you are probably not going to relate to or get along with everyone you meet. You can, however, through learning to appreciate yourself, you can also learn to appreciate others, regardless of their point of view.

**GIFTS ~ STRENGTHS ~ CHALLENGES**

# **Are You Different? Embrace It! OWN IT!**



One of the reasons I love astrology and personal Astrological Analysis and Profiling is that the Astro-Analysis gives you permission to be yourself, to be comfortable within your own skin, and to **love and accept yourself, without apologies!**

**Here are some ways an Astrological Profiling session can help you step into who you are - THE DREAM YOU, THE REAL YOU!**

- You were born with certain gifts, and these gifts make it easy for you to relate to, they are your innate strengths. They can also indicate your life purpose, however, Life & Soul Purpose is a longer conversation that we will cover on another day.
- Know how you communicate and reach out to others, and how you operate within groups, or one-on-one. Information like this can help you live in a comfortable environment, without trying to be someone you are not.
- However, there are also challenges in life, and some of these challenges are not external, they are more internal, and when you are aware of them, you can notice, take action to change, and push through to achieve more than even you thought possible!

**To attract people who just love you for who you are,  
starts with you loving you just the way you are!  
Start your journey of inner wisdom now!**

If you would like Jennifer to help you on this road of self-discovery, reach out to her to book an astrological profiling chart session.

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